



# APPROVED RABBIT PLANT GUIDE

## DIET DAILY NEEDS:

80%	fresh hay
10%	veggies/herbs
5%	food pellets
5%	flowers/fruit

Always introduce new foods sparingly to see how your rabbit responds before giving in larger amounts. Droppings are a good indicator of digestion abnormalities. It is always preferable to buy organic produce if possible. If collecting wild plants, make sure they are from a pesticide-free area. All approved plants should be washed or scrubbed before serving them to your rabbit. If you don't see a plant on this list, it's best to not chance giving it to your rabbit, as many plants can be poisonous!

## LEAFY PLANT GREENS

**Leafy Greens 1** (High in oxalic acid)  
(Only 1 out of these varieties should be given daily)

Beet greens  
Mustard greens  
Radish tops  
Spinach  
Sprouts  
Swiss chard

**Leafy Greens 2** (Low in oxalic acid)

Arugula  
Bok Choy  
Carrot tops  
Chicory  
Cucumber leaves  
Dandelion greens  
Endive (Escarole)  
Fennel (leafy tops & base)  
Frisee Lettuce  
Kale (all variety)  
Mache  
Radicchio  
Raspberry leaves  
Red or green lettuce  
Romaine lettuce  
Spring greens  
Turnip greens  
Watercress  
Wheatgrass  
Yu choy

## NON-LEAFY VEGETABLE PLANTS

Bell peppers (any color)  
Broccoli (leaves and stems, sparingly, can cause gas)  
Broccolini (sparingly, can cause gas)  
Brussel sprouts (sparingly, can cause gas)  
Cabbage (any type, sparingly, can cause gas)  
Carrots (good if your rabbit needs to gain weight, otherwise sparingly)  
Celery (small pieces, sparingly)  
Chinese pea pods (the flat kind without large peas)  
Kohlrabi (sparingly)  
Pumpkin (good if your rabbit needs to gain weight, otherwise sparingly)  
Summer squash  
Zucchini squash

## HERB PLANTS

Basil (any variety)  
Cilantro  
Coriander  
Dill leaves  
Lemon Balm  
Mint (any variety)  
Nettle (only dried)  
Oregano  
Parsley  
Rosemary  
Sage  
Tarragon  
Thyme

## FLOWERING PLANTS

Borage  
Caraway  
Chamomile  
Chervil  
Clover (limited, check source for pesticide use)  
Comfrey  
Hibiscus  
Lady's Smock  
Lavender  
Lovage  
Nasturtiums  
Pansies  
Roses  
Salad Burnet

## FRUIT BEARING PLANTS

Apple (any variety; remove stem, core & seeds)  
Apricot (remove pit)  
Banana (remove peel, small pieces)  
Berries (any type, uncooked)  
Cherries (any variety, without the pits)  
Currants  
Kiwi  
Papaya  
Pear  
Peach (remove pit)  
Pineapple (remove skin)  
Plum (remove pit)  
Mango  
Melons (any – can include peel and seeds)  
Nectarine (remove pit)  
Star Fruit

