Always introduce new foods sparingly to see how your rabbit responds before giving in larger amounts. Droppings are a good indicator of digestion abnormalities. It is always preferable to buy organic produce if possible. If collecting wild plants, make sure they are from a pesticide-free area. All approved plants should be washed or scrubbed before serving them to your rabbit. If you don’t see a plant on this list, it’s best to not chance giving it to your rabbit, as many plants can be poisonous!

**LEAFY PLANT GREENS**

*Leafy Greens 1 (High in oxalic acid)*
- Beet greens
- Mustard greens
- Radish tops
- Spinach
- Sprouts
- Swiss chard

*Leafy Greens 2 (Low in oxalic acid)*
- Arugula
- Bok Choy
- Carrot tops
- Chicory
- Cucumber leaves
- Dandelion greens
- Endive (Escarole)
- Fennel (leafy tops & base)
- Frisee Lettuce
- Kale (all variety)
- Mache
- Radicchio
- Raspberry leaves
- Red or green lettuce
- Romaine lettuce
- Spring greens
- Turnip greens
- Watercress
- Wheatgrass
- Yu choy

**NON-LEAFY VEGETABLE PLANTS**
- Bell peppers (any color)
- Broccoli (leaves and stems, sparingly, can cause gas)
- Broccolini (sparingly, can cause gas)
- Brussel sprouts (sparingly, can cause gas)
- Cabbage (any type, sparingly, can cause gas)
- Carrots (good if your rabbit needs to gain weight, otherwise sparingly)
- Celery (small pieces, sparingly)
- Chinese pea pods (the flat kind without large peas)
- Kohlrabi (sparingly)
- Pumpkin (good if your rabbit needs to gain weight, otherwise sparingly)
- Summer squash
- Zucchini squash

**FLOWERING PLANTS**
- Borage
- Caraway
- Chamomile
- Chervil
- Clover (limited, check source for pesticide use)
- Comfrey
- Hibiscus
- Lady's Smock
- Lavender
- Lovage
- Nasturtiums
- Pansies
- Roses
- Salad Burnet

**FRUIT BEARING PLANTS**
- Apple (any variety; remove stem, core & seeds)
- Apricot (remove pit)
- Banana (remove peel, small pieces)
- Berries (any type, uncooked)
- Cherries (any variety, without the pits)
- Currants
- Kiwi
- Papaya
- Pear
- Peach (remove pit)
- Pineapple (remove skin)
- Plum (remove pit)
- Mango
- Melons (any – can include peel and seeds)
- Nectarine (remove pit)
- Star Fruit

**HERB PLANTS**
- Basil (any variety)
- Cilantro
- Coriander
- Dill leaves
- Lemon Balm
- Mint (any variety)
- Nettle (only dried)
- Oregano
- Parsley
- Rosemary
- Sage
- Tarragon
- Thyme

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**DIET DAILY NEEDS:**
- 80% fresh hay
- 10% veggies/herbs
- 5% food pellets
- 5% flowers/fruit

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